Reports on Conferences & Intensives

Annual Intensive, Kloster Bernried, Germany May 2015



A Constellation with Horses

I am not 'into' animals. I do not have dogs or cats. I have never had an interest in owning a pet. When asked about animals I often answer: "For me children were enough!" Further I have always enjoyed the freedom of going on holidays without having to find someone to mind the pets.

As regards horses I know that Ireland breeds some of the finest horses in the World, but I would never count myself as one of those 'horsey' people. I have never stood in any enclosure before, during or after a race. I have never been to a gymkhana. While my people were small farmers from the West Coast of Ireland I had no experience of horses in my lifetime. I have never ridden a horse.

In fact three years ago someone offered a workshop at The Intensive in Bernried, Germany on constellations with horses and I chose not to attend. For me the thought of horses communicating with humans seemed more linked to Mister Ed – a talking horse in a comedy show from my childhood.

When Ruud and Muriel introduced us to working with horses as part of the 2015 Intensive something in me changed. I was fascinated to be told that horses, for over 65 million years, think only of the herd. Everybody has a place. I remember being told that they scan their surroundings through the best part of 360 degrees all of the time,