



International Training

The harmonizing principle – advanced training

September 29 – October 6 | 2026



The resolving field of the herd

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Welcome

As founders, we warmly welcome you to the launch of our International training "The harmonizing principle". This advanced training takes place in an environment created with the highest possible level of care - for both participants and horses.

Purpose

The main purpose of this training is to offer professional and experienced horse coaches, (systemic) therapists, and counsellors a deep learning experience. The training path is a well-balanced mix of education, observation, reflection, and hands-on practice. Step by step, participants learn to embody the principles of the training in their own way of being, feeling, and working, gaining fresh perspectives and developing a professional style uniquely their own. Each participant has the opportunity to apply their uniquely style directly in practice.

Learning with the Wisdom of the Herd

A horse does not see you as an isolated individual but as part of your herd. For the horse, you are your herd- there is no other option. Horses instinctively respond to the 'We' within the 'I,' especially when these are out of harmony. When someone feels disconnected from their herd, they often lose access to inner resources, potential, and life force. Horses invite us to bring the 'We' and the 'I' back together again. Learning to see and embody this principle lies at the heart of this training.

History

This program originated in the Netherlands, where it has been developed and offered since 2004. Over time, it has extended beyond its original context, first through local offerings in Belgium and subsequently through its introduction in Brazil in 2012, where the work continued to evolve within a different cultural setting. In 2018, the first international program was delivered, bringing together participants from a range of countries. Taken together, these trajectories of development underpin the international program as it is presented today.

The publication of the book *The Wisdom of the Herd* in 2018 marked a further articulation of this development, in which the principles of the herd became central to the work. We would say: "This work begins and ends with the horses." In this sense, the horses precede human concepts and methods, inviting both client and facilitator to follow the movements of the horses and to listen closely to what they reveal.

Value for Professionals

In an intensive training of eight days, participants learn how to guide and facilitate through the eyes of the herd. The program enables the participants to integrate the elements of Equine Assisted Systemic Learning, The Wisdom of the Herd, into their own practice.

Equine Assisted Systemic Learning - The Wisdom of the Herd

- A general introduction to the fundamentals of Equine Assisted Systemic Learning with the Wisdom of the Herd and its potential in working with clients. We open and access the field of the horses, developing the sensitivity to recognize and distinguish their different movements, both in their presence and in their effect.
- Horses do not need methods to convey their message - they ask only for your willingness to listen and respond.
- You learn to recognize harmonisation behaviour as the primary entry point for guiding a systemic session, and deepen your understanding of the five principles of the herd and how they express themselves through systemic pressure (the compass for a session with horses).
- You learn to sense, recognize, and even 'listen' to the differences in invitation that arise from differential, integrative, and vitality pressure in the interaction between the horse and the client system.
- We also focus on reading the wellbeing of horses within a coaching setting, including their calming signals. We believe that the highest form of wellbeing we can offer the horses is to recognize and honour what they carry for us. This directly contributes to the wholeness and wellbeing of the human herd. As a participant you will train your ability to notice these signals and refine your sensitivity to what seeks balance and reduces stress.
- Your body becomes an essential instrument in this work: you learn to notice what happens before words arise, to recognize what resonates within you, and to listen to what the body offers as possible interventions. In this way, your body becomes a resonant chamber for shifts in systemic pressure.
- We introduce the 'Intervention Circle' as a practical compass for equine systemic awareness. This requires knowledge, understanding, coaching skills, reflective capacity, and continuous practice.

- The art of facilitation - 'seeing is doing' - is central. We open the doorway to immediacy in facilitation and explore the distinction between first-, second-, and third-order interventions. What is the essence of facilitation when working with the Wisdom of the Herd? Who are you as a facilitator, what does it ask of you, and what are you willing to let go of in order to be fully available in service of the herd?
- We explore the potential within trauma and working with stored life force. Where is life force no longer able to flow, and where are the possibilities for its release? How can the horses support this process? This naturally brings attention to boundaries - your own as a facilitator and those of the horses.
- Finally, you will internalize the Intervention Circle in real-life sessions under supervision and intervention, learning to trust the intelligence of the body and the field, in tune with the horses.

Duration: 8 days

Dates: from September 29, 2026 to October 6, 2026.

Price: €2,950

Participants: max. 12 participants

Didactics and Development

The growth and development of each participant is central to this program. Every participant contributes in a unique way to the field of systemic horse-assisted coaching. We view the training as a source: the more you draw from it and the more you pass on, the greater - and richer - that source becomes.

The Wind team

The execution of the training is primarily facilitated by two experienced facilitators: a content expert and a learning coach. In addition, other teachers will also participate. This will be announced at a later date.

Marion Latour, trainer, Bert Hellinger Institute The Netherlands

Muriel Daal, trainer, educational scientist and psychologist

Ruud Knaapen, trainer and founder of Wind Organisational development and author of the book "Coaching with horses, the wisdom of the herd"

Requirements

First and foremost, we invite practitioners who bring a grounded background as a coach or therapist, combined with hands-on experience in working with horses.

We ask for a genuine willingness to perceive yourself, your own herd, and the client system through the perspective of the horses - allowing their responses to inform and guide your awareness.

Above all, we ask for the capacity to attune to the wisdom and movements of the herd, and the inner steadiness and courage required to follow where this movement leads.

Accommodation for the program

The location of the program is the care farm ['Blommendaal'](#), centrally located and close to Utrecht:

Address: Ruifweg 6, 3835PN Stoutenburg

Participants will receive a list of local bed & breakfast accommodations in various price categories.

Interested in Participating?

If you are interested, please complete the registration form. We will evaluate your application and respond within two weeks.

Contact:

Email: info@wind.nu

Registration Form International Training “The harmonizing principle”

Please answer the questions below and send these back to us, by e-mail (info@wind.nu)
We will then contact you for a telephone or zoom interview to ensure our mutual expectations for the training match.

Personal Data

Name

Address

Nationality

Country

Date of Birth

Telephone

Company Name

Email

VAT

Payment Conditions

1. After being accepted, you will receive an invoice for the whole training fee.
2. After receiving a first payment of 25%, we will confirm your participation.
3. The rest of the training fee must be received by us ultimately 6 weeks before the training starts.
4. Cancellation:
Cancellation: €200 of the first payment is non-refundable.
Cancellation up to eight weeks in advance: apart from the 200 euro: fully refundable.
Cancellation up to two weeks before the training starts: 50% refundable.
Cancellation within two weeks before the training starts: fee is not refundable unless both parties agree otherwise on reasonable grounds, such as unexpected illness.
5. Once you decide to participate, you register for the program and commit to the dates.
6. We are unable to reimburse costs for any missed course days.
7. In case the training will not take place, we will refund all payments made by the participant.